

## ***Picking up the Pieces: a healing approach to divorce***

Recovering from divorce is a puzzle with many pieces. To help people begin to reassemble lives fragmented by the end of a committed relationship, **Divorce Recovery Louisville** announces its 37th annual **Divorce Recovery Workshop** on four Sunday evenings starting February 11.

The presentations each evening are free and open to the public. To assure a seat, you may pre-register at [Eventbrite](#) for the first evening, or register at the door if you prefer.

### **Dates and location**

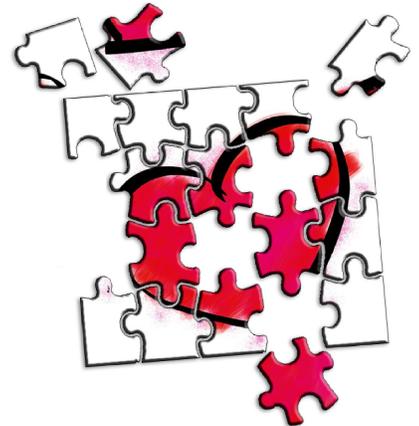
Sunday, February 11, 18, 25 and March 4, 2018

5:00 - 7:30 p.m. each evening

Crescent Hill Baptist Church

2800 Frankfort Avenue

Louisville, Kentucky 40206



### **FEBRUARY 11**

#### **Coping with Separation & Divorce**

A panel of recently divorced women and men will share their experiences. Moderated by Paul York, support group facilitator.

### **FEBRUARY 18**

#### **Psychological Aspects of Divorce**

Kathryn Berlá, Ed.D, a practicing licensed psychologist, is a board member of the Kentucky Psychoanalytic Institute, columnist, and therapist.

#### **Spiritual Aspects of Divorce**

Jim Holladay, M.Div, D.Min, is the pastor of Lyndon Baptist Church.

### **FEBRUARY 25**

#### **Legal Aspects of Divorce**

Judge Jerry Bowles (retired) is a former Jefferson County Family Court judge currently in private practice as a mediator.

#### **Healthy and Unhealthy Relationships**

Mary Beams, RN, BC, is an outpatient counselor at The Brook Hospital.

#### **Self-Care after Divorce**

David B. Moore, PhD, is a licensed clinical social worker and a marriage and family therapist in private practice.

#### **Dating Again - How Will I Know when I'm Ready?**

Michael Taylor, LMFT, a support group alumnus, is a family therapist in private practice in Louisville.

### **MARCH 4**

#### **Restructuring Your Life as a Single Person**

A panel of support group members at various stages in the divorce process will share how they have handled things. Moderated by George Roth, support group facilitator.

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## Cost

The workshops are free and open to the public.

## Child care

Free child care is provided for infants through fifth-graders. Please arrive 15 or 20 minutes early to settle children into their programs.



## Directions

The church is located at the corner of Frankfort and Birchwood Avenues in Louisville. Please use the Birchwood Avenue entrance lobby opposite the Crescent Hill Public Library.

## Parking & Transportation

Free parking is available on Frankfort Avenue and in the library parking lot a half-block west of the church on Frankfort Avenue. TARC buses 19 and 31 stop in front of the Library.

## Meals

A light supper is provided for everyone each evening at no cost by members of Crescent Hill Baptist. Remember to thank them!

## Weather

In the event of extreme weather, check our website or Facebook page for rescheduling information:

web: [www.DivorceRecoveryLouisville.org](http://www.DivorceRecoveryLouisville.org)

Facebook: [@DivorceRecoveryLouisville](https://www.facebook.com/DivorceRecoveryLouisville)

### **What does Divorce Recovery Louisville do the rest of the year?**

Divorce Recovery Louisville is an all-volunteer group that meets weekly to share emotional support, practical advice, and a sense of community with anyone who is considering divorce, going through it, or rebuilding a life afterwards.

The group is a single adult ministry of Crescent Hill Baptist Church; although sponsored by the church, the group is non-sectarian and self-governing, and welcomes participants regardless of religious affiliation, gender, sexual orientation, race, or role in the divorce.